



## Change with Impact

As a coach, trainer and sparring partner, I support people, teams and organizations in motion – with systemic thinking, clear perspective and practical focus.



### Focus

- ✓ Leadership & self-leadership
- ✓ Transformation & Change
- ✓ Team development & culture
- ✓ Decision-making & conflict resolution

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### About me

I work with people in positions of responsibility – calm, respectful and with clear perspective.

### Formats

- One-on-one coaching & sparring
- Team workshops & leadership trainings
- Systemic Moderation & Dialogue Formats
- Keynotes & transformation support

### Experience

- Manager, Teaching Trainer & Lecturer
- Professional experience in medium-sized companies, corporations & public sectors
- Speaker & Moderator for events & podiums

### Education & Certifications

- Systemic Coach
- Psychological Counsellor & Mental Trainer
- Feldenkrais Practitioner
- DISC Trainer
- M.A. Computer science