



ORGANISATION  
**INDIVIDUALS**  
TEAMS

„Maturity is when all of your mirrors turn  
into windows.“

Henry David Thoreau

**7 MATURITY - INNER GROWTH**



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## Self-reflection And Feedback

- Questioning yourself critically helps in continuously working on personal development.
- Openly accepting feedback and responding to it constructively promotes growth.



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## Responsibility And Flexibility

- Taking responsibility for your own decisions and actions also means accepting the consequences.
- Respond flexibly to new challenges and adapt to changes.



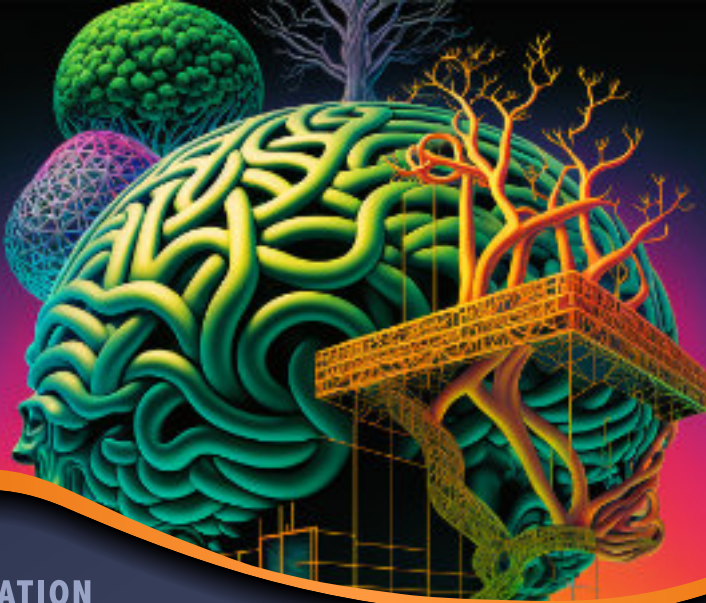
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## **Constructive Communication And Empathy**

- Constructive, respectful communication helps to avoid misunderstandings and to work effectively in a team.
- Understanding and respecting the others' perspectives succeeds with empathy.



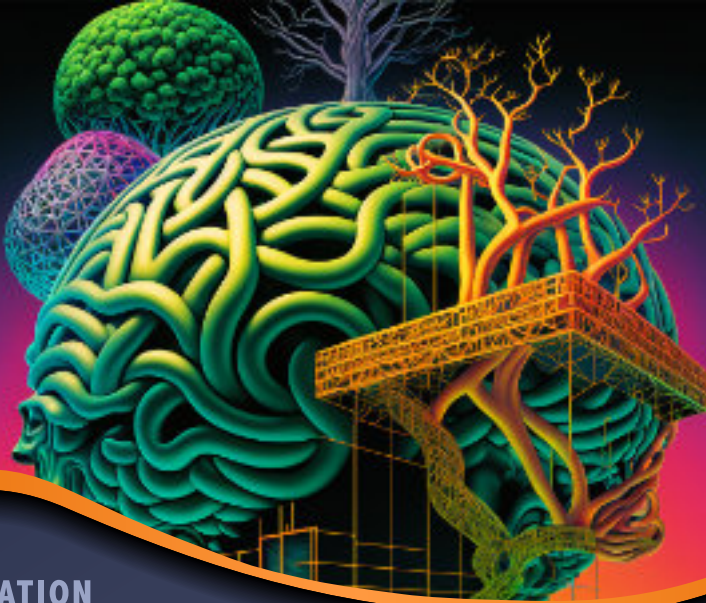
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## **Critical Thinking And Problem-solving.**

- Consider situations and problems analytically for well-founded decisions.
- Approach problems proactively and find sustainable solutions instead of persisting in complaints or accusations.



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## Sharing Knowledge And Integrity.

- Sharing my knowledge and experiences helps others to grow and unleash their potential.
- Upholding ethical principles in all actions and decisions.



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## **Maturity - Inner Growth**

- Self-reflection & Feedback
- Responsibility & Flexibility
- Constructive Communication & Empathy
- Critical Thinking & Problem-solving.
- Sharing Knowledge & Integrity.